

# Timetracker Starter

WRITING DAY (also design)

CODING DAY

ART DAY (also... design/art?)

DESIGN/ERRAND DAY?! (blargh, maybe combine this with design/art?)

FUTURE RELEASE'S GOALS:

finish by May 21st)

finish by May 22nd)

finish by May 23rd)

finish by May 24th)

finish by May 25th)

finish by May 26th)

finish by Jun 26th)

finish by Jun 27th)

finish by Jun 28th)

finish by Jun 29th)

finish by Jun 30th)

THIS RELEASE'S GOALS:

???

## CURRENT TIMETRACKER

*TEMPLATE (generic day)*

0:00-? wrglargbl

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?-?

?-?

?-?

?-?

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?-?

?-?

?-?

?-?

?-?

?-24:00 ghasdkjfasd

TEMPLATE (Saturday)

0:00-? wrglargbl

?-?

?-?

?-? journaling

?-? meditation and lower back rehab

?-? MGA or Zone 2

?-?

?-?

?-?

?-?

?-?

?-?

?-?

?-?

?-24:00 ghasdkjfasd

TEMPLATE (Friday)

0:00-? wrglargbl

?-?

?-? Probably Avi!

?-?

?-? journaling

?-? meditation and lower back rehab

?-? lifting (upper body)

?-? INVERSION (non coding birdsong)

?-? MGA or Zone 2

?-?

?-?

?-?

?-?

?-?

?-24:00 ghasdkjfasd

TEMPLATE (Thursday)

0:00-? wrglargbl

?-?

?-? journaling

?-? meditation and lower back rehab

?-? lifting (lower body)

?-?

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?-?

?-?

?-?

?-?

15:45-17:00 possibly go to MGA?

17:00-22:00 MGA AND BACK

22:00-24:00 ghasdkjfasd

TEMPLATE (Wednesday)

0:00-? wrglargbl

?-?

?-? journaling

?-? meditation and lower back rehab

?-?

?-?

?-?

?-?

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?-?

?-?

?-? probably Psychotherapy

?-?

?-?

?-24:00 ghasdkjfasd

TEMPLATE (Tuesday)

0:00-? wrglargbl

?-?

?-? journaling

?-? meditation and lower back rehab

?-? lifting (lower body)

?-?

?-?

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?-?

?-?

?-?

15:45-17:00 possibly go to MGA?

17:00-22:00 MGA AND BACK

22:00-24:00 ghasdkjfasd

TEMPLATE (Monday)

0:00-? wrglargbl

?-?

?-? journaling

?-? meditation and lower back rehab

?-? INVERSION (errand and life work)

?-? MGA or Zone 2

?-?

?-?

?-? lifting (upper body)

?-?

?-?

?-?

?-?

?-24:00 ghasdkjfasd

TEMPLATE (Sunday)

0:00-? wrglargbl

?-?

?-? journaling

?-?

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?-?

?-24:00 ghasdkjfasd

## **FUTURE DATES**

TIM TREVAIL ON AUGUST 8TH

EILEEN AND JOHN VISIT ON JULY 11-JULY 15

DWC VISIT ON JULY 6???

July 13 2024 (Saturday)

0:00-? wrglargbl

?-?

?-?

?-? journaling

?-? meditation and lower back rehab

?-? MGA or Zone 2

?-?

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?-24:00 ghasdkjfasd

July 12 2024 (Friday)

0:00-? wrglargbl

?-?

?-? GUY CITRON VISIT

?-?

?-? journaling

?-? meditation and lower back rehab

?-? lifting (upper body)

?-? INVERSION (non coding birdsong)

?-? MGA or Zone 2

?-?

?-?

?-?

?-?

?-?

?-24:00 ghasdkjfasd